



LGBTQ+ Cultural Competency Trainings and Consultation

As used by L'Oreal La Roche-Posay, Apple Health Hub, UnitedHealthcare, Optum, and many others!

Updated March 2022

TRAINING



OutCare Health has provided a safe space for thousands of leaders across the country seeking to understand how to work with the LGBTQ+ community. OutCare has extensive experience evaluating LGBTQ+ cultural competency and providing the most up-to-date practice, guidelines, data, and research. Through a full team with multidisciplinary experiences, education, and practices, OutCare delivers full-spectrum LGBTQ+ training, whether your organization needs introductory, foundational training for the basics, to in-depth, advanced training on specialized topics. All trainings are virtual and 40-60 minutes in duration. Past clients include many individuals, clinics, hospitals, organizations, and corporations.

LGBTQ+ specialized training is available virtually. Each training covers a single in-depth topic. Most popular topics include:

Clinical Topics

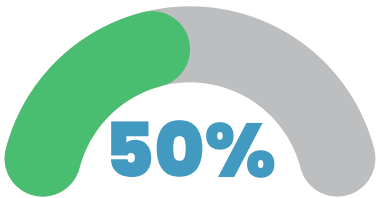
- Taking a full LGBTQ+ history
- Minority stress theory
- Psychiatry and mental health
- Trauma-informed care
- Substance use and addiction
- Eating disorders
- Population differences
- Child and adolescent care
- Gender affirmation
- Physical health

Hybrld Topics

- Introduction to the LGBTQ+ community
- Stigma and discrimination
- Creating welcoming environments
- How to be an ally
- Transgender military service
- Religion and spirituality
- Resources and referrals
- Parents and families
- Legal issues

OUR ONE HOUR TRAININGS LEADS TO IMPROVEMENTS IN

Overall LGBTQ+ Cultural Competency:



PREPAREDNESS 150%

ATTITUDES 70%

KNOWLEDGE 133%

CONSULTATION

OutCare provides consultative services on many areas, including reviewing intake forms and company documentation, expertise in LGBTQ+ affirming language and terminology, how to create welcoming environments, how to be allies, identifying and resolving stigma/discrimination and microaggressions, coming out in the workplace, legal issues, how to identify and provide LGBTQ+ resources and referrals, and much more.



BEGINNER

INTERMEDIATE

ADVANCED

EXPERT

Cultural competency training for your organization.

1X

1X

1X

2X

Consultation sessions for your organization.

1X

2X

2X

ADDITIONAL DETAILS

- Tiers are standard monthly pricing.
- The first training delivered will be OutCare's LGBTQ+ Cultural Competency 101 Training. Subsequent trainings will be tailored and specialized.
- Additional costs may occur when attendee rate is above 50.

Only applicable when services last 3 months or more.

- Logo featured on the collaborators' section of our website.
- Announcement of your collaboration via OutCare channels.
- Dedicated email spotlight.

INCLUDED BENEFITS

NON-MEMBERSHIP TRAINING & CONSULTATION

- Single trainings are priced separately.
- Single consultation sessions are priced separately.



OutCare

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